¶ This is the Myrrour or Glasse of Helth necessary and nedefull for euery person to loke in, that wil kepe their bodye from the syckenesse of the Pestilence, and it sheweth how the planettes do raygne in euery houre of the daye and nyghte, with the natures and exposiciōs of the xii. sygnes, deuyded by the. xii. Monethes of the yeare, and shewed the remedies for many dyuers infirmities and dyseases that hurteth the bodye of Manne.

(.:.)

.es is nexte the earth in course, so she
hath moste effect of Working in these
earthely thinges after the disposicio
of the nature of the sygnes that she
hath her course in. And therfore it is
full necessary truly to know ỳ state,
the course, & the nature of the mone.
For therby a man may know when
it is good to begynne many dyuers
thynges, and when it is not good.
And also what weather is moste ly-
kely to fall, after the nature of ỳ syg-
nes, whether drye, or moyste, hoote
or colde, there shall folowe after the
nature of the sygne that she is in. In
dyuers coniunctions of Planettes
that is ioyned therewith. And
therfore naturally in order I
purpose me to declare short-
ely in the. vi. Chapiter
the nature and the
state of
euery sygne that she
passeth by.

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commeth of the ache of the pox.
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¶ Finis Tabule.

Here

Here begynneth the fyrst parte of this booke that sheweth dyuers causes how the pestylence may be gendred. Cap. i.

Considering that this treatyse, is very nedefull and necessary agaynst the sykenesse of the Pestilence. And for a comon welth and health of the kinges lyege people: I Thomas Moulton doctour of diuinitie, of the order of ỹ Frere preachers, the which for to gather moueth me for dyuers causes. The one is prayers of myne owne brethren.

Another is cause of prayers of many worthy gentyles.

And another is compassion that I haue of the poore people, that was & is destroyed euery day therby for defaute of helpe.

And

And the fourth cause that moued me moste of all pure conscience, for euery christen man and woman, is bounde by the lawe of conscience, & they knowe their euen christen in great peryll or that is lykely to fall to great myschyefe to helpe them if he may by his Wytte with his trauayle, and With his goodes. And these foure causes moued me to compounde and to gather this treatyse, and to set it in prynte so in Englysh that euery man both lerned, & lewde syche and poze may the better vnderstande it, and do thereafter. And so euery man Woman, and chylde, to be their owne physicion in tyme of nede, against the vengeaunce & corruption of the pestylence that now is reigning with other diseases many mo, and this treatyse for the pestylence is deuyded and parted, in thze partes & consequently ensueth the,

che, seuen dayes with the planettes With the natures and expolicions of the xii. sygnes deuyded by the. xii. monethes of the yeare, with the remedies for many dyuers other diseases that hurteth and greueth the body of man.

And the first part of this boke telleth dyuerse causes howe the pestylence may be gendred.

The seconde parte telleth howe man, Woman, and chylde, shall preserue & kepe them selfes frō the pestilence, if so that mā womā, or child, be curable that falleth therin.

The thyrd part telleth the remedy, helpe & medicine against ỹ pestilēce.

The fyrst part I saye of this treatyse as I tolde, he shewed dyuerse causes. Whiche may be the grounde of this Pestylence, that nowe tarygneth. I fynde by the treatynge of foure Doctours, the foure pillers ỹ

vpholde

vpholdeth holy churche. That is to
say, s. Iustin, s. Jerome, s. Gregory &
s. Ambrose, where they speke of this
matter, they say that synne that rayn-
eth among the people. And namely
that synne that reygneth amōg head
mē. And the gouerners of the church
and of the lawe, is cause of the Pesti-
lence vengeaunce taken for Synne.
Hereof I fynde insample, and fy-
gure in holy wryte. In the seconde
boke of kynges, in the .xxiii. Chapi-
ter. There wryteth holy wryte open
ly, that for the synne of king Dauid
God sent vnto hym his prophete, and
gaue hym choise of thre thinges, whe-
ther that he had leuer that GOD
should sende vpon hym for his sinne
and of his people, hunger seuen yere
or elles he had leuer that he shoulde
sende vpon hym pursuyt of enemies,
and to be ouercome of them, thre mo-
nethes, or yet that he had leuer that
he should

he ſhould ſende vpon him Peſtilence thre daies and thre nightes. And thā kyng Dauid truly choose peſtilence, ſo that from that tyme that he had chosen thus peſtylēce, or it was none of the day, there was dead. xxvii. thouſand of his people. And than kynge Dauid ſawe that vengeaunce was taken for his ſynne, by Peſtylence, mournyngly with great ſorowe and great compaſſion of herte: he cryed God almyghty mercy. And whan he had done, anone the peſtilēce ſeaced.

Alſo for ſynne that reigned in the people hydous peſtylence hath bene taken as was ſhowed on Hieruſalem as telleth vincēt in ſpeculo hiſtoriali and Euſebius telleth the ſame. Ther fore euery mā in what degre or what ſtate he be put away ſynne through hertely ſorowe, and very contrycion aſkyng of god mekely mercy and for geuenes entierly vo thrift of mouth

and satisfaction doyng penaũce for his sinnes, then he putteth away the cause of pestylence that in case is vẽgeaunce taken for synne. And sothely sauyng we ought not to deme lyghtly of goddes preuites, this maye be wel one cause of this hydeous pestylence, that now is reygnyng.

And they saye generally in this realme, and south it is that many tokens are shewed that men lykely deme that syn is cause in part of this pestilence, as the corrupt ayre & the venyme therof the whiche was caused by a coniunccion of Saturne & Iouis the whiche planettes their workyng within few yeares, and the malyce of the coniunccio̅ & of other syn, this left in the ayre and beneth, the which malice & venym hath his respect and his influẽce more in the cõplexiõ of man thã of beast, in asmuch as the working of the coniunccion, &

of other

of other synne was more principally in the syn of mankynd than in ẏ syn of another maner of beast. But the workyng of other coniunccions dyuers are before hande, had their workyng in the signes of other beastes & their influēce in ẏ cōplexions of thē.

And therfore the malice of the coniuncciōs was cause why that the moren fell of suche beastes more than of other that time. But this coniunccio̅ a foresayd, the whiche was wrought more princypally in the synne of mā kynde more than of any other whose venym and malyce yet reygnyng, is the cause of the corrupcion of the ayre, the whiche ayre corrupt is cause of the pestilence that nowe is reignyng, but neuertheles if so be that it be impossyble by all Phylosophers, that the Element of the ayre should in his owne kynde, and in his owne substaunce be corrupt or elles infect,

ſythen it is ſymple and cleane is his ſubſtaunce wrought without any venome or corrupcion. Neuertheles yet by the waye of vaporous fumoſities and humours the which that are corrupt and drawen from the earth beneth by vertue attractyfe of the bodies that ben aboue, and mengyd wt the ayre ſo by Accidental cauſe is the ayre corrupt & in parte cauſe of this peſtylẽce. But than thou mayſt meue againſt me, and ſay that if ſo were ꝑ the venemous ayre, and the corrupcion therof, ſhould be cauſe of peſtilence, or elles man, womã and chyld ſhuld be infect thereby, that it ſemeth euery man, woman, & chylde, ſhould be infect & corrupt by the peſtilence. In the coũtrey there the ayre corrupt is reignyng, ſythen the ayre in ſuch a place is common to all maner of mẽ. To this aunſwered Auicen in his cãnon in the part there he treteth De

dura

cura febrium: that if al the pestilence ayre be reygnyng in a countrey, and if it be common to all the inhabitaūtes of that countrey, yet there shall none be infect therewith, but they ꝑ be replet and ful of corrupt humours the whiche corrupte humours haue their respect and accordyng to receyue the corrupcion and the venym of the ayre els in what countrey, or city that such ayre were corrupt or venomed. In al maner of men that receyueth that ayre in the same countrey, or in the same cytie should be venemed and dead thereby, ye se well and knowe well, that the Element of the fyer, hath no predominacion nor wil not bren but mater that is Combustible, and accordyng to receyue fyre. On the same wyse the Elemeut of the ayre that is pestilence corrupte infecteth neyther man, woman nor chylde, but suche as haue such vene-

myd & corrupt humours within them selfe disposed to the same, the Pestylence therof in suche tyme that suche pestylence ayre reygneth in.

After dyuersyte of venemous humours and corrupcion in men reygnyng. And through the workyng of that venemous pestylence ayre or dyuers syckenes and perelous gendred in man, woman and chyld. And this alteracion in kynde is wrought by the malice and influence of the cõiunccion afore sayde, the which malyce of coniunccion, is lykely to bee cause of many other wonderfull alteracions betwyxt kynge and kynge, lorde and lorde, man and man, womã and woman, father and son, brother and brother, and many other. Also it is lykely to be cause of deposyng of lordes out of lordshyppes and inhaunsynge and inbyghyng of knaues. And emperours of myghty men

spoy-

spoylyng and destroyng of kyngdomes and lordshyppes. Also it is lykely to be cause of greatte fyers greatte mystes, & great waters by land. And cause of many great perylls by ye sea.

Also it is likely to be cause of many wonderfull tokenynges of great wyndes and many other wonderfull thynges. Also destroying of many sectes, & principally of the Saralins secte, and of many other Wonderfull syckenesses. Also the Sismy of holy churche is lykely to cesse and diuers states to end, & ther wo many thynges is lykely to fal by the iugement of astronomy, the whiche I will not write for dyuers causes. But knowe it well all maner of menne, that these thynges, I reherse not as thynges tolde by prophesy, but as conclusiõs folowynge and shewed by Auronomy, and also by astrolagy, for as declareth Ipocras in his booke that

he made (De Epidimia) there shall neuer physition be true in worckyng ne sure practiser of physike, but he worke & practyse by rules of Astronompe for Ipocras sayth that it is impossible that a man shall cure a syckenes but if he knowe the cause of his syckenes, there is some syckenes ỳ is caused by mouyng & worckyng of the bodies aboue, ỳ which a man may not know' wout Astronomy and Astrology thã it seineth wel that it is impossible to a mã to cure sickenes generally, but he can of Astronomy and of Astrology. For as I synde in libro Interpretationum al the foure Elemẽtes, and al other thynges, beneth that bene compoũd of them are gendred by the course of the planettes aboue. And all the lyuely bodies beneth haue in part, ther being their heale, and their syckenes by the mouyng of the bodies aboue.

Thus

Thus endeth the fyrst part of this pestylence treatyse.

¶ Here folowyth the second part that showeth how man should preserue and kepe hym from the Pestylence.

Cap. ii.

The second part of this treatyse, is howe thou shalt gouerne and preserue thy selfe frō the malice of the pestylence ayre, and from the venym and corrupcion that is gendred therby. The why the partie is pryncypall cause of this pestylence that now is reygnyng. The fyrst and the principall preseruacion there agaynst is this. To goueme ỹ well and wysely & for to flye al that may gendre any Feuer or ague. First thou nedeth to kepe the seuerally frō all maner of excesse and outrage of meate and drynke, and namely from

all maner of feuores meates, as Gose, Douebyrdes, Malardes, Venyson, Lampraye, Scate and Elis. And also other feuores meates, eate no great meate no bnnions, nor lykes, nor garlyke nor no krupte. For all these gathereth and engendreth vnkyndly heates and so bryngeth a man to an agu, and he be in anywise of nigh disposicion therto. And vse no bathes nor stues swete not to much for all openeth the pores of a mans bobody and maketh the venemous ayre to enter, and for to infecte the blond & the spirituall membres of man and for to destroye all lyuely spirites in man. Also kepe the fro haunting of Lechery, for that both openeth the pores and destroyeth the kynde naturall. And also infebleth the spirituall membres, and the lyuely spirites of man.

Also in the tyme of pestilence in no wyse

wyse suffer to great thyrste, and yf thou thyrst, loke thou drynke but me surably, and not but for to slaken thy thyrst and namely suche drynkes as wyll abate thy heate as is Tysan water mengeled with vyneger, or water of Borage, Water of Letuse, water of Roses, Water of Scappous, Water of Turmentyll. Water of Diten myngled in euen proporcion or elles by them selfe. For these drynkes yf the pestylence reigne in the heate of the Somer ben profitable, and souerainly to them that ben Colyrike of cõplexion. For they be hoter & drier then other. Also to slepe on after nones & whan thou shalt go to bed, shyt thy doores and thy wyndowes closte. and in an earthen pan full of Charcole fyer caste this powder made of these thynges of Lorell leuys dryed, Rosemary dryed and Frankensence, of eche of thẽ alyke much & caste halfe

a spone

a sponeful of this powred in the fyer
Also vse fyer in thy chamber all the times of the day and of the night of the sethinges as fier of Jenoper & if ÿ may not get this Jenoper make the fyer of clene drye Aschewode, and vse to caste in the fyer al Waye, frankensens, Storax, Calamint, Lapdanum, and the fumosyties of these and the smoke, if the ayre be corrupt of ÿ vertu Attractiue of the lyuely spyrites, and the spyritual members outwarde by the vaynes of the hert, and so inuenomes it and these hasteth a man to his death. But if the nature of the pestilence be gendred betwyxt the thygh and the body: it is a tokenyng that it commeth from infectiō of the lyuer, and thā if the matter appere in the scher besyde the preuy mēbers blede on the fote in the same syde, on the vayne that is betwixte thy great too, and the next too, for if the

botche

botche be drawing thether. And thou blede on the arme the matter thā wyl draw vp agayne to the lyuer, and so to the harte, & that is perillous. And if the botche be more outward to the syde and feither from the preuy members, blede thē on the vayne betwene the ankle and the fote, and the hele, or els on the vayne that is vnder the ankle that is called the Sophene: or els loke that thou be sone ventused with a vētosing beste beneth ỹ botche but that is very paynful. Neuertheles in case that the vayne may not be taken, or els that the vayne may not blede, it must nedes be suffred, in such peryll may thou be. If the matter appere in the clensing place of the head conspder well on what syde it appereth, and blede on the vayne, or on the arme, the which vayne lyeth next the Cardyacle, the whiche Cardiacle lieth in the middes of the arme right

in the

in the bouthe of the arme, or els blede on the bayne that is on the hande, that is betwyxte the thombe and the nexte fynger, or els be ventosed betwyxt the shoulders. But take good hede, that whan some euer thou haste blede of anye of these baynes, take good hede that thou slepe not after thy bloude letting of. xiii. houres. If thou be ryche and may well spende, than it were good to haue this Pome Ambre euermore in thy hande, holde it to thy nose that thou may receyue the sauer and smel thereof, for comfortyng of thy brayne (and of all other Spyritual members the which thou shalt make thus. Take Lapdanum purydan ounce storax Calampte dysolued, Roses, Cloues, Maces of eche one thre halfpeny weight and make them in pouder that ought to be made in pouder, and fyue spone full of oyle debay, an once of bergin

way and dissolue them. And when they be dyssolued: put all together & mengle them well vnto they be colde and make thereof a ball the quantitie of a Wall nutte: and that is called the Pome ambre, the sent or the smell therof, wyll comforte the lyuely spyrytes in manne. and if thou rule the thus as I haue taught ȳ, thou may by the grace of god and by thys gouernaunce preserue thy selfe from the pestylence.

¶ Thus endeth the seuenth part of the pestylence treatyse.

¶ And here foloweth the thyrde parte that sheweth, and a man be taken with the pestilence what remedy and medecyne is best therfore. cap. iii.

HEre the third part of this treatyse telleth what is agaynst this sykenes of the pestilence that reigneth among the people, & what medycyne is best therefore. Auicen in his

in his Canon on the part, there he
treateth De dura februm, there is no
sycknes that falleth in kind but ther
is medycyne in kynde for in. There-
fore if so be it be taken in dew tyme,
than if thou shalt fall into this sycke
nes, loke that thou be letten bloud as
I haue tolde. And if there be any fe-
uer, or any ague annered therto and
the corrupt blode be drawen away,
on this bledyng as I haue told. (And
the pryncypall membres ventused)
the hart ought them to be comforted
with good Letwares or with cold wa
ter stylled, the whiche Letwaris be
these that wyll wythdraw vnkynde-
ly hetis, as conserue of vyoletes con
serue of Borage, cõserue of Buglos
drawen with suger decoct with Wa-
ter of Turmentil, water of Endiue
water of Roses, water of Borage,
myngled by euen porcions. And the
take these euery daye, & euery houre
of the

of the day, with water of turmentyll, Water of Scabious, water of Violettes, or els water of Endyue.

Also it were nedefull to haue this water distylled of these herbes of Betyne, of Scabious, of Turmentil, of Vyolettes, of Endyue, and Letyse, & for to drynke these myngled Wyth whyte wyne of gascon, or els of Rochel wyne, and namely the whyles ỹ vnkyndly heate reygneth.

Also it were nedefull to haue water of Roses, and of Byttayne, to washe thy temples with all, and thy pulse withal of thy arme & thy hãdes

And also it were nedeful to take of the last, that is to say of Rose, and of Betane, and put therof in a saucer of pewter, or in a syluer pece, & chauke it a lytell, and lape a lynnen cloth .iiii. folde and Wete it therein. And the whyle thou art in the great heate of the ague lay the linnen cloth wete in

the water vpon thy temples, and vpō thy forehead, and another vpon thy lyuer. Take also two other clothes lapped and wete on the same wyse, and lay in euery arme hole one. And this practysyng shall doo the great ease whether thou be curable & shall lyue or vncurable and shall dye.

But the moste nedefull thynge of al if so be that this apere in any wyse aforesayde, is for to drawe the botch by craft away frō the clensyng place a great space from the hart. And that shal I tell the how, and in al my practysyng in physyke this. xviii. yeare, I wyste it neuer fall but twyse & that was not long of the medecyne. And one other time but of other defautes the whiche I wyll not wryte at this tyme though it wyl expel and voyde it. And loke in the tyme of pestylence that they codmares be al way freshly washen and after the Washing, loke

that

that they be dypped in fyne water of Roses, and on the same wyse the kercheke that thou lappest thy head in one nyghtes and let it dye by the fyer: and not by the pestylence aye. And when thou layest the downe to slepe, lay vnder thy head and vnder the ende of thy pyllowe that is towarde thy bysage, Rosemary, Isope, Soueraine Wyntes, Perial rial Lorel leues, put in thy mouthe Maces, and Cloues, or els Nutmygges, loke euery day that thou take of fyne triacle proued the quantite of a bene and a halfe. Also beare in thy purse these maner of spyces, Maces, Cloves Maybybes, Canell: or elles Cynamon, and chewe therof, and eate therof all the tymes of the daye.

And if thou be a poore manne and maye not intende too the costes of these thynges. Take then euerye daye fastynge nyne soppes in fyne

byneger of whyte wyne, or elles of
read wyne, and drinke to them a sau-
cer full of byneger, or thou passe out
of thy house or place.

Also one of the beste gouernaunce
of all is in bloode lettyng: for thou
shalt vnderstande that a man is in
spirituall members pryncypall, that
is for to saye the hart, the lyuer, and
the brayne & euery one of these hath
his place geuen him by kynde by the
whiche he may auoyde all suche su-
perfluyties and cleare hym selfe.

The herte hath his clensing place
in the arme houle.

The clensyng place of the liuer is
betwyxt the thyghe and the body.

The clensing place of the brayne
is vnder the eares at the eares rotes,
and in the throte.

When this syckenes of the pesty-
lence commeth thus: whan the pores
of a man are open, then fyrst entreth
the

the venemous and the corrupt ayre, and as soone as it hath maystry and mengled with mannes bloude, than runneth it to the harte that is rote & grounde of mans lyfe, for to destroye mankynde, and for to infect and destroye all lyuely spirites in a man, & so fynally for to kyll and sle hym, but the harte and the clene bloude flyeth all that is noyous and contrarious vnto kynde. And in asmuche as in hym is expelled all such maner of corrupcion and venemous from him to his clensyng place to the arme hole: But than for that place is sometime stopped that it may not out, and it passeth than to the pryncypall member next ȳ is the lyuer for to destroye it. And then it doth as the harte doth in his kynde, and expelleth it from hym to his clensyng place betwyxte the thyghe and the body, for it is also spared in case and stopped it maye

not out but passeth the meates and the vaynes vnto the thyrd principal membre that is the brane but then he woulde expell it to his clensyng place that is vnder the eares, and it may not in case out therfore the stop pyng and the sparyng of the meates and pores and for thyckenes of the fowle and corrupt blode, and the venemous mater is mouyng that is myngled therewith, and thus long tyme the mater is mouyng or it resteth in any place sometymet welue houres, and somtime. xxiiii. houres, and sometime more & sometime lesse after the degre & the gentylnes, & the greatnes of the sickenes corrupciōs and venemous that be gēdred. But then at the last sōtyme within. xxiiii houres it passeth not out of ẏ clēsing place nor at no other place through bleding thē it festures in some place and cast a mā into an ague & maketh

a botche

a botche in some of the thre clensing places or els nere to them on some vayne, ye shall wel wyt that a botch groundeth hym euermore & setteth hym on a vayne, & letteth the bloud than that it may not haue his kyndly course by the vayne as he should haue, but it is infect therby. And so all the pryncypall & spirituall members are infect, and thus sleeth mā.

Thus endeth the thyrde part of this pestilence treatyse. And hereafter folo weth the. vii. dayes with the planetes.

¶ Capitulo. iii.

IN these seuē planetes thou oughtest to knowe that the Sonday hath his doynge vnder the sunne The Monday vnder the mone. The Tuesdaye vnder Mars. The Wednesday vnder Mercury. The thursday vnder Jupiter.

The fryday vnder Uenus.
The saterday vnder Saturne.
¶ Note well that al the true acte and operacion ought to be made vnder this Planet, and is best it be made on his proper daye of the planet, and the houre proper exempt.
Under Saturne is the life edyfice, doctryne, and mutacion comprynse.
Under Jupiter obtayn honour richesses and gaye costly garmentes.
Under Mars, battayle, prison, mariage and inimite.
Under the Sunne, esperaunce, gayne fortune and heritage.
Under Uenus, loue socyete, lyfe, louyng and pylgrymage.
Under Mercury sickenes, myserie death and fearefulnes.
Under the Moone slouthe, euyll thoughtes and theste.
¶ Here foloweth howe the Planettes reygne in euery houre of the

daye,

daye, and ok the nyght. And the fyrste is the houres of the Son-
day. Cap. v.

The fyrst houre of the Son-
day reigneth Sol, the secõde Venus, the thyrde Mercury and fourth Luna, the fifth Saturne the syxt Jupiter, the seuenth Mars, the eyght Sol, the nynth Venus, the tenth Mercury, the .xi. Luna, the .xii Saturne.

¶ The houre of the souday nyght.

The fyrst houre Jupiter, the seconde Mars, the thyrde Soll. the .iiii. Venus, the fyfth Mercury, the syxt Luna, the seuenth Saturne, the .viii Jupiter, the nynth Mars the tenthe Sol, the aleuẽth Venus, the twelfth Mercury.

¶ The houres of the Monday.

The first houre Luna, the seconde Saturne, the thirde Jupiter, the .iiii. Mars the fyft Sol, the syxt Venus,

the seuenth Mercury, the eight Luna the ninth Saturne, the tenth Jupiter, the xi. Mars, the xii. Soll.

¶ The houres of the monday night.

The fyrst Venus, the second Mercury, the thyrd Luna, the fourth Saturne, the fyfth Jupiter, the syxte Mars, the seuenth Soll, the eyght Venus, the nynth Mercury, the tenth Luna, the aleuenth Saturne, the twelfth Jupiter.

¶ The houres of the twesdaye.

The fyrst Mars, the seconde Sol, the thyrd Venus, the fourth Mercury, the. v. Luna, the. vi. Saturne, the seuenth Jupiter the. viii. Mars, the. ix Sol, the. x Venus, the. xi. Mercury, the twelth Luna.

¶ The houre of the twesday night.

The first Saturne, the. ii. Jupiter the. iii. Mars, the. iiii. Soll, the fifth Venus, the syxte Mercury, the seuenth Luna, the eyghte, Saturne, the

the.ix. Jupiter. the.x. Mars. xi. Soll, the twelfth Venus.

¶ The houres of the wednisdaye.

The firste Mercury, the seconde Luna, the thyrde Saturne, ỳ fourthe Jupiter, the.v. Mars, the sixt Sol, ỳ vii. Venus, the. viii. Mercury, the. ix. Luna, the tenth Saturne, ỳ aleuenth Jupiter, the twelfth Mars.

¶ The houres of ỳ wednisday night

The fyrst Sol, the second Venus the thyrd Mercury, the fourth luna, the fyft Saturne, the syxt Jupiter, the seuenth Mars, the eyght Soll, ỳ nynth Venus, the tenth Mercury, the aleuenth Luna, the twelth. Saturne.

¶ The houres of the thursday.

The fyrste Jupiter, the seconde Mars, the thyrde Soll, the fourthe Venus, the fyfthe Mercurye, the syxte Luna, the seuenth Saturne, the eyghte Jupiter, the nynth Mars,

the

the tenth Soll, the aleuenth Venus, the twelthe Mercury.

¶ The houres of the thursday night.

The fyrst Luna, the seconde Saturne, the thyrde Jupiter, the fourth Mars, the fyft Soll, the syxt Venus the seuenth Mercury, the eyght Luna, the nynth Saturne, the tenth Jupiter, the aleuēth Mars, the .xii. Sol.

¶ The houres of the Fryday.

The fyrst Venus the second Mercury, the thyrd Luna, the fourth Saturne, the fyfthe Jupiter, the syxte Mars, the seuenth Soll, the eyghte Venus, the ninth Mercury, the tenth Luna, the aleuenth Saturne, the twelfth Jupiter.

¶ The houres of the Fryday nyght.

The fyrst Mars, the second Sol, the thyrde Venus, the fourth Mercury, the fyfth Luna, the syxt Saturne the seuēth Jupiter, the eyght Mars, the nynthe Soll, the tenth Venus, ỹ aleuenth

aleueth Mercury, the twelfth. Luna.

¶ The houres of Saturday.

The firste Saturne, the seconde Jupiter, the thirde Mars, the fourth Sol, the fyfth Venus, the syxt Mercury, the seuēth Luna, the eyght Saturne, the nynth Jupiter, the tenthe Mars the. xi. Sol, the. xii. Venus.

The houres of the saturday nyght.

The first Mercury, the sende Luna, the. iii. Saturne, the fourth Jupiter, the fyfth Mars, the syxt Sol, the vii Venus, the eyght Mercury, the nynth Luna, the. x. Saturne, the. xi. Jupiter, the twelfth Mars.

Note that Jupiter & Venus bene good, Saturne and Mars euil, Sol and Luna indifferent, Mercury is good with them that be good, & euell with them that bene euyll.

Also note well that the houres of the planettes bene dyfferent to them of the clockes for the houres of the clockes

clokes be egal alwaies of .lx. minutes but they of the planettes Whan the daye and the nyghte bene egall, that the Sunne is in one of the Equinoctes they be egall, but as sone as the dayes longeth or shorteth so doth the naturall houres, by this it is conuenient alwaye for the daye to haue twelue tempozal houres, & the night twelue tempozall houres. And whan the dayes be long and the houres lōg & the daies shozt & the houres shozt, in lykewyse the nyght. And neuerthe lesse an houre of the daye, & an houre of the nyght both together haue .xl. minutes, as for .it. houres artificials that the one leueth the other taketh. And than take we out planetes from the sonne rising, & not before vnto ꝑ sonne going downe & than al ꝑ remnaunt is nyght & about the moneth of December, the dayes haue but eight houres artificialles of the Clocke, & they haue twelue tempozals, than let

thee eyght houres artyficialles be deuyded in twelue egall partes, and it shall be twelue tymes.lx.mynutes, & euery parte shal be a tempozal houre that shall be of fourty mynutes and no mo. Thus in december the tempozal houres of the day haue but fourty mynutes. But ỹ houres of the night haue.lxxx.mynutes. Foz that tyme the nyghtes haue but syxtene houres artyficialles, if they bene deuyded in twelue partes, be foure scoze minuts foz euery tẽpozal houre of the nyght in December, haue foure scoze mynutes and.xl. Foz an houre of the day bene syx scoze mynutes in two tempozal houres, as many in.xii. houres artyficialles. that beu eche of fourty mynutes. In the moneth of June is the contrary. In March and in September all houres bene egal as is the daies of other moneths by egal pozciõ ¶ Thus endeth the.vii. planettes.

vpon

vpon the. vii. dayes in the Weke.

And hereafter foloweth ẏ natures and exposicions of the. xii. Signes deuyded by the. xii. Monethes in the yeare.

Marche hath the signe of the Rā. And is indifferent for taking of purgacion & is very good to let bloud.

ARies is a sygne mouable hote, and drye Colorike nature of fyer, and hath lordship in mans head and the face, and the parties lōging to the head, whā the Mone is in that sygne, beware of cutting in the head, or in the face or in any vayne ẏ longeth to ẏ head

Also it is perillous in the begynnyng of Aries to take any head ache or any hurting in the head, for it wer token of lōg duryng, or els of death but it is not so peryllous in the end of it, & this sygne is mouable Oriental, of masculine kyide than is good

to worke

to Worke all thynges ẏ is wroughe
With fier and it is good to take vya
ges towardes the East, and is good
to let bloud on the arme and to bath
the, and to sowe sedes and to make
matrimonies, and to begyn al good
Workes that haue would sone ende,
and is euyll to do thynges Whiche
thou woldest thou last long, for as
muche as the Ram is a beast, that
raungeth, and casteth vp again the
meate that he eateth to fore. Therfor
there than shoulde no medicine nor
passion be taken inwarde whyle the
mone is in that sygne, for all natu-
rall medecines and passions recey-
ued in that tyme, men shoulde caste
them vp agayne, and so it falleth in
al the signes, that ben raunging, as
Aries, Taurus and Capricorne, &
the last partie of Sagittary. In all
these there should no passions be ge
uen for drede of casting vp agayne.

For this sygneth aryseth out of the orient, & causeth the tyme to be hoote and drye. The man that is borne vnder the sygne of Aries, by kynde of complexion is Coloryke, and shal be wytty and wysely and disceyuable, small of bones, yelowe of coloure & kynde of harte. The sunne entreth into the sygne of Aries, the fyftene kalend. of Marche, & dwelleth there in vnto the. xvi. kalend. of Apryll.

And in this moneth of Marche is thre peryllous dayes to take any sickenes vpon, that is to saye the. xv. xvii. and the. xix.

¶ Apryll hath a Sygne of the Bul, and is euill for to take purgacion. And also euill to let bloud.

The mone beyng in Taurus that is the sygne of the Bul che, whiche sygne reygneth in the necke and the throte, it is than peryllous to be ventused in the necke

or catche

by catche sycknes in the throte and
muche more perylous in the begyn-
nyng than in the ende, this sygne is
stedfaste Meridionall that is of the
Southe partie, he is colde and dry
earthly and of femynine kynde, and
Melancoly of complexion, it is then
good to sowe sedes, to plante trees
and vynes, for they shal redely grow
and it is good to bylde housyng and
to wed a wyfe, and euery thynge to
do that thou woldest haue longe to
endure and stably to abyde. It is euil
to begyn batayle or to fyght. For it
causeth the tyme to be colde and dry,
& the wynde to haue his course nygh
the earth, and the skyes to fly aboue
by the earth.

The mā that is borne vnder this
sygne, is by kinde of complexion Me
lancoly vnstable and vntrue wlyte
lyuered and scarce of his purse. The
sunne entreth in ỹ sygne of Taurus

the.xv.kalend.of Apryll,and dwel
leth therin vnto.xvi.kalend.of may
And in this moneth of Apryll is
ii. perilous dayes to take any ma-
ner of syckenes on,that is to say the
xvi.and the.xxi.

May hath the sygne of the twin-
nes & is indifferent to take purga-
cion,and is euyll to let bloud.

When the mone is in Ge
mini, that is the sygne
of two twinnes or two
chyldren of one byrthe,
the whiche sygne reyg-
neth in the armes and the handes of
a man. This sygne is double bodied
and Occidentall,that is of the weste
partye,and is sanguine of cõplexion
hote and moyst after ỹ ayre. In that
time beware of cuttyng in the shoul
ders,armes,and hãdes, nor in that
tyme vpon no vayne in the places.
It is good that tyme to treate of
frend-

frendshyp, and whan the mone is in the sygne of Gemini, be ware of letting of blond for it is euill, and specially in the blumes, for Gemini gouerneth them and if one take the sickenes in a house and dye, all the other be in great daunger to dye of ỹ same. The man that is borne whyle the mone is vnder the lordshippe of this sygne, he shall by way of kynde be very wise, prouy, and true, he shal haue .iii. wyues & he shall trauayle mighty fast to purchase worshyps. The sonne entreth in ỹ signe of Gemini the .xv. kal. of May and dwelleth therin til the .xvi. Kal. of June. And in the Moneth of May is thre daungerous dayes that is for to say the. vii. the. xv. & the .xx. June hath the sygne of ỹ Crabs. And is good for to take purgacion, and is indifferent to let blonde.

Cancer is a sygne mouable colde,

moyste, flumatyke, and watry, and hath of mans body the brest and the stomake, the splenne, and the rybbes Whan the moone is in this sygne, it is good to begyn a waye by Water, and is metely good to take medecynes, but beware to Wed any mayde whan the sygne is in Cancer. And if any man taketh syckenes in any tyme whyle the mone is in the sygne of Cancer, it is great fortune if he dye not. For it is perylous both in the begynnyng and in the ende, this sygne is septentrional, that is of the north party. Also it is euyll to buylde housyng, or to set trees or to begyn any thyng that shall laste longe.

The man that is borne while that the Moone entreth in this sygne, he shall be kempynne of face, melancolious, faynt harted and whyte of skyn and he shal loue a woman which shal greue hym, his destyny shall be harde

in his

in his youth, but wen he is paste. xxx. yeare, he shall haue a maladye in the raynes, and he escape he shall lyue by kynde a huudreth yeare.

The sunne entreth in the signe of Cancer the. xv. kalend. of June and dwelleth therein tyll the sixtene kalender of July.

And in this moneth of June is two dannigerous dayes to take sickenes vpon, that is to say, the fourth and the seuenth.

July hath the sygne of the Lyon, and is euyll to take purgacion; and very euyll to let bloud.

For Leo is a Sygne stedfaste Orientall hote and drye Coloryke nature of fyer, and masculyne kynde: and hath of mans bodye the sydes & ye backe senowes, bones & gristels. beware whyle ye mone reigneth ther of vẽto sing, or cutig, or harm catchyng in tho places, for it is ful daun

gerous in the ende of Leo to take sycknes, more than in the begynnyng for than he may releue by good gouernaunce, and it is euyll to geue medecyne to the hart or stomake, and the baynes to touche with ynon.

A man þ is borne whyle the mone entreth in the sygne of Leo, by kynde he shall be holden easy, he shall take a wyfe a hedy strong woman, he shall be loued as the Lyon amõg the beastes and he shall haue greate power among strong men. The sunne entreth is this sygne the .xv. Kalen. of July, and dwelleth therein tyll the xvi. Kalend. of Auguste.

And in this moneth of July is. ii. daungerous dayes to take any sycknes vpon, that is to saye, the fyftene and the twenty.

Auguste hath the sygne of a Virgin and is euill to take purgacion and in different to let bloude.

Virgo

Virgo is a sygne double bodyed Meridionall that is of the South parte colde and dryc, Melancoly of complexion nature of the earth and of Femine kynde and hath of mans body the wommedryke and guttes, the lyuer, gal and mylte. But chiefly in the limmes beneth the medryke, thā beware of breakyng or cutting on the bely or preuy places with in forth. Also it is perillous for a man to take any sickenes in the begynnyng therof, but not so perylous in the ende, but rather token of helth, it is not good to wed a mayde for she wyll be barayn, but it is good to wedde a wydowe.

The man that is borne vnder this sygne, he shall be well loued, & a man of great pite and wise, and liue much in ease, his name shal be good amōg al maner of men, he shall haue worshyp in his age, he shall haue a sigue

in the head. The sunne entreth in the sygne of Virgo the. xv. kalender of August, and dwelleth therein vnto the. xvi. kalender of September.

And in this moneth of August is ii. perillous daies to take any sickenes on, that is to say the. xix. and the. xx.

September hath the sygne of the Balaunce, and is good to take purgacion. And is very good to let bloud.

Lybra is a sigue mouable hote and moyst Sanguinarius, and hath the ouer part of a man and the nether ende of a Woman, that is to saye the nauyll, the raynes, and the lowe parties of the Wombe, and the share. whan the Moone is in Lybra, it is good to let bloude, & is best to make medecynes for the nauell, and to doo al thing ỹ thou would haue brought to ende, and this sygne is occidental, Sanguyne of complexion, and of

ma sc u-

masculyne kynde. And is good to be-
ginne that shall longlaste. And know
well from the degre of Lybra to the
degre of Scorpio it is euill to begin
dyuers thynges, for the mone is that
tyme in the worste.

The man that is borne vnder this
sygne, he shall be welbeloued & good
shall neuer kayle hym, he shall haue
a sygne in the necke, or in the shoul-
der bone, he shall be in great peryll
tyll that he be thyrty yeare olde, and
then shall he come to great worshyp
The Sunne entreth in the sygne of
Libra the. xv. kalender of Septem-
bre, and dwelleth therin tyll the. xvi.
kalender of Octobre.

And in the moneth of September
is twoo perylloꝰ dayes to take any
maner of sykenes on, that is to say
the fyrst and the seuenth.

October hath the signe of a Scor-
pion, & is good for to take purgaciõs

and

and is indifferent to be let bloud.

Scorpio is a sygne of a serpent colde and moyst flumatike nature of water Septemtrionall that is of the North party, and hath of a mans body the priuy membres & the blader and whan the mone is in this sygne it is good to geue medecynes to the membres of man and woman and to take laxatyues, & to make all thynges that shall laste long and it is good to make a way by water.

The man that is borne vnder this shall loue well the company of Wouen, & haue other mennes herytages, he shall be melancolious, his wordes shall turne well, in age he shall be in trauayle, and in the head he shal haue a token or in the face, he may lyue by kynde. xl. yeare. The sunne entreth in the sygne of Scorpio the. xv. kal. of October and dwelleth therin tyll the. xvi. kalend. of Nouember.

And

And in the moneth of October, is one perilous daye, that is to saye the fyrst daye.

Nouember hath the sygne of the Archer and is good for to take purgacion, and also is good to let bloud.

Do you wel wyt that Sagitarius is a sygne of an Archer, and double bodied hote and dry nature of the fyer and Coloryke of completion, & of masculyne kynde Orientall that is of the East party, and this sygne reigneth in the thyes, and lodsoges of a man, and be ware of cuttyng of two places, and than is good to let bloud and to treate of peace, and to wed a wyfe and to make all medecynes that is made with fyer.

The man that is borne vnder this sygne shall be hasty and bloud to do foly, and he shall haue a sygne in the cheke or in the shoulders, he shall be

bytten

bytten of a dogge, he shall haue tryb-
bulacions he shall haue syckenes in
his eyen, he shall haue two wyues & the
seconde shall begyle hym, and he
shal waxe sycke at.xl. wynter and he
escape he shall lyue by way of kynd a
Lycre. The sunne entreth into this
sygne of sagittarius the.xv.kalen. of
Nouembre and dwelleth therein tyll
the.xvi.kalend. of Decembre.

And in the moneth of Nouembre
is two peryllons dayes to take any
maner of syckenes on, that is to saye
the.xv. and the.xix.

December hath the sygne of the
Gote, and is euyll to take purgaciō,
and is euyll to let bloude.

Capricornus is a sygne mo
uable and vnstedfast of the
South party endely cold
and dry, melācoly nature
of the earth and of feminine kynde,
& hath of mans body the knees whan
the

the mone is in this sygne it is good to make medecines to the knees, but beware of cuttyng or hurtyng therof for drede of touchynge of the senowes and vaynes for it is perylous whyle the mone regneth there and greater perill in the ende then in the begynnyng.

The manne that is borne vnder the sygne shall be wyse fayre and hasty, and he shall haue a token in the head or in the knee he shall be melancoly, and he shall lyue by kynde a C. yere as astronomers saith. The sunne entreth in ỹ signe of capricornus the xv. kal. of decẽber, & dwelleth therin til ỹ. xvi. kal. of ỹ moneth of January

And in the moneth of December, is syx perylous dayes to take sickenes or any dyseacon, that is the. iii. vi. vii. ix. xv. and. xvi.

January hath the sygne of a man shedyng water, and is good to take purga-

purgacion indifferent to let bloude.

Quarius is a sygne stedfast Occidentall that is of the West party hote and moyst, after the kynde of the ayre, and sanguyne of complexion, & hath of mannes body the thankes vnto ỹ ende of the ancles, & whan the mone is in that sygne, it is good to set trees and buylde, and to wed and is euil to take syckenes in all tymes whyle the mone reigneth there.

The man that is borne vnder this sygne of Aquarius shal be worshipped, he shall be good and true, & well beloued, and haue often head ache he shall haue a fall from ryches, but he shall be happy in the West countrey, and he shalbe in peryll of Water.

The sunne entreth in the sygne of Aquarius, the .xv. kalen. of January and dwelleth therin tyl the .xvi. kalē. of Febzuary.

And

And in the moneth of January is eyght perylous dayes to take sycknes, that is to say, the first the secõd iiii. v. x. xv. xvii. and the xix.

Febzuary hath the signe of thze Fyshes and is good foz to take purgacions & is indifferent to let blode

PIsces is a sygne comon Double bodyed, Septemtryonal colde and moyst, watry, flumatyke of cõplexion, and of feminine kinde and hath of mans body the fete, thã is it perylous to let bloude, oz opẽ any vayne in that place, and if a mã take syckenes in any tyme of that sygne, it is not of ryght great perill but it is good to go to councel to accozde and to make al thing that may go by Water & to make a thyng that shall last long.

The mã that is bozne vnder this sygne of pisces, shalbe a gret lechour and go farre a pylgrymage, he shall

haue an euyll hurte in his head in his youth he shall haue many maladyes, he shall fall in water and escape well he may lyue by kynde a. c. yeare and if he wyll haue good he must dwel in the North. The sunne entreth in this sygne of pysces the. xv. Kalender of February, and dwelleth ther in til the xvi. kalen. of the moneth of Marche.

And in the moneth of February is thre perylous dayes to take any maner of sycknes on, that is to saye the eyght the tenth and the xvii.

¶ Thus endeth the natures, and exposicions of the. xii. Signes deuided by the. xii. monethes of the yere vpon bloude letting, with the moste daungerous dates for to do any thing touchyng Physyke.

¶ And hereafter folowyth the remedies for many dyuers Infirmities & dyseases that greueth and hurteth ye body of man.

For

¶ For the head ache. Cap. vii.

Take hemlocke & sethe them till they be softe as pappe, then laye them to the head there the payne is and let them lye all nyghte, and on the morynng laye another hote plaister of the same and do so two or three tymes and he shall be hole.

¶ For akyng of the head. Cap. viii.

Take and make lye of Uernayne or els of Betayne, or of wormewode and therwith washe thy head thryse in the weke, and it shall do the good and take away the ache.

¶ For to spourge the head. Ca. ix.

Take the sede of Stauysere, & bete it small to pouder, and whan it is beten small, take a fyne lynnen cloth and put the pouder therin, and make therof a lytell ball the quantytie of a great hasell nut and putte it in thy mouthe, and rol to & fro, betwyxt thy

tethe chawyng, holdyng downe thy head the space of an houre, and it wil spourge thy head and thy gumes, & kepe thy tethe from akyng.

Also for to spourge the head. cap. x.

Take the rote of pelater of spain and chewe it bet wyxt thy tethe to & fro a good whyle, & it wyll spourge well thy head & also fasten thy tethe and spourge thy gumes.

¶ For the tothe ache. Cap. xi.

Take Betany and Wilde gorses and sethe them in wyne or els in vyneger, and than put it in thy mouth as hote as thou mayst suffer, & hold it a good whyle in thy mouth and it wyll take away the payne.

¶ For the ache of a holowe tothe.

¶ Capitulo. xii.

Take assa fetida and put it in thy tothe that is holowe, and it wyl appese, and take away the ache.

¶ Also for the tothe ache. Cap. xiii.

Take

Take Henbane and bruse it, and holde it betwene thy tethe a good whyle, and lay it also vpō the tothe that aketh, and it wyll swage the payne anone.

¶ Also for the tothe ache. Cap. xiiii.

Take the sede of Henbane and caste it vpō a chaffing dyshe of charcole fyre and holde thy mouthe ouer the fyer that the smoke maye entre into thy mouthe, and than hold thy mouthe ouer a basyn of fayre clene water, and thou shalt se vpō the water as it were small wormes that shal come droppig out of thy mouth Also take the sede of Hēbane & bete it to small pouder and medle it with wax and make a lytell pellet that it may be ful of pouder without forth, and put it in the hole of the holowe tothe that aketh and it will lyghtly slee the ache of the tothe.

¶ Also for the tothe ache. Cap. xv.

take the rote of Henbane and sethe it in vyneger tyll the thyrd parte be soden away, and with the same wash thy mouthe, and holde thy muthe ful a good whyle and it wyll sle the tothe ache. Also take the rote of Henbane and holde it betwene thy akyng toth and it wyll do away the payne.

¶ For the stēche in ẏ mouth. Ca. xvi.

Take the Juse of Veruayne, and brose it & put it in thy mouth & holde it a good Whyle close in thy mouthe, and it wyll take away the stenche.

¶ For a stynking breth. Cap. xvii.

Take oyle Dorce, Turpentyne hony, oyle Olyue, Virgyne Waxe, as muche of one as of another, and boyle them altogether, and make an oyntmēt therof, and vse it euery day in the pacientes nose thrylles and let it bee put into the nose euerye daye in the morning with two tētes made of lynte scraped of fyne lynnen cloth

and

and he shal be hole. ¶ For ache & Wormes in the eares. Cap. xviii.

Take the ioyce of Henbane and put it into thyne eares & it wil take away ȳ ache & sle ȳ Wormes in thē.

¶ A precious Water for poyson & specially against ȳ pestilence. ca. xix

Take turmentyll, scabious, goldes, betayne, and pympernel, of euerichе a lykemuch and distyl therof a water, & drynke it fasting euery day in the morning, first next your harte for it shal do you much good.

¶ For ronnyng eyen. Cap. xx.

Take blacke snales and sethe thē in fayre water than take the greceȳ is on the water, & therWith anoynt thy eyen that be watry and ronnesh.

¶ For read blered eyen. Cap. xxi.

Take the ioyce of Rue, & pouder of Commin, medle theim together thē take coten & dipe it well therin & lay it therto, & anoynt the tēples, &

the browes and the lidde of the eien there with, and they shall be hole. For eien that ben dasuned, or darke.

¶ Capitulo. xxii.

Take the roote of read Fenell in wynter and in sommer the leues, or els both rotes and leues, and stãpe them and wrynge out the iopce and temper the iopce with fyne clarified houy and make therof an oyntement and anoynte the eyen ther with and it shall put away the darkenes, and it shal clere thy syght. ¶ A precious water for ỹ sight of ỹ eyen cap. xxiii

Take Smalage, read fenell, rue, beruayn, betayne, egrymony, pympernell, enfrage, sauge, salendine, of euerythe alyke muche of quantytie, and washe them well and clene and stampe them & put them into a fayre brasen pan, and take the pouder of fyftene peper cornes fayre sarced into a pinte of good whyte wyne and

put it

put it vnto ỹ herbes, With .iii. spone full of ryuely hony, and tyue spone full of the water of a mãchylde that is an Innocent and medle them all together and boyle them ouer the fyer, and whan it is soden straine it through a clene lynnen cloth, & put it in a glasse and stoppe it well and close, tyll you wyll occuppe it & whã nede is do thereof into the soze eyen with a fether, and if it be waxen dyze tẽper it with good whyte wyne, foz it is very good foz the syght of eyen.

¶ Foz a pynne and the webbe in the eyes. Capitulo. xxiiii.

Take a curtesy of cleane clarified hony, as muche of Womans mylke that nozysheth a mayde chylde and foz the woman the manchylde and sethe them together, and whan it is colde put it in a glasse, and close it from the ayze, and thus do Woo oz thze daies. ii. oz thze tymes euery day

and he shall be hole.

¶ For all euils in ỹ eyen. cap. xxv.
Take clene clarified hony one part, and more than of half the hony of the gale of an hare, medle thē together in a vessel ouer ỹ fyer, but make it but luke warme, and kepe it in a glasse, but be ware that thou take not to muche therof in thine eyen, for the quantite of a small pynnes head is ynough at ones when thou goest to bed, & ỹ is sufficient for. bit. yeres if a man haue a perle or a web in his eyen & be it not drye, but put therto somdele more of the gal than of the hony.

¶ For boylyng in the eyen. Ca. xxvi.
Take May butter & pouder of comyn, & stampe thē together & lay it on a lynen cloth to the eyen & oftētimes renewe it, & whan ỹ boyling is swaged take safron & womās milke & grinde thē together & droppe therof in the

in the loze eyen & thã ỹ shalt be hole.

¶ Foz a stynkyng breth. Ca. xxvii.

Take.ii. handful of pouder of comin, & sethe it in good Whyte wyne frõ a quarte til a pinte, & drinke this first & last alwayes hote, & he shall be hole within. ix. daies drinking.

¶ Foz the stomake that is hote and swolen. Cap. xxviii.

Foz the stomake that is hote and swolen, take the roote of smalage & stampe it, and put it in swete Wyne oz in other good wyne all a day and a nyght, and then lette it be passed through a fayze lynen cloth & put it in a clene vessell and vse to drinke a cuppe therof euery day fasting. viii oz nyne dayes & he shalbe hole.

¶ Foz the stomake that aketh, that commeth of colde. Cap. xxix.

Foz the stomake that aketh, ỹ cõmeth of cold, take an herbe ỹ is called Poleo & drye benes, an handfull of syn-

of syngryn, and asmuch of this poles and put it in a vessel with fayre water, and let it sethe there on the fyer tyll the thyrd part of the water be soden away, & put therto suger of stone & a curtesy of hony, and drinke it. bi. dayes fastyng, and he shall be hole.

¶ For to forse the stomake. Ca. xxx.

To forse the stomake, take canell thre poys, and one poys of maystyke and one poys of the paringes of Pome garnades, and half a poys of galyngale, and stampe al these together and temper it with hony that hathe bene boyled of the fier, and wel scommed, and vse of this asmuch as a nut euery day duryng. x. dayes fastyng, & he shalbe hole.

¶ For the stomake and the bely that aketh. Capitulo. xxxi.

For the stomake and the bely that aketh, take ye floure of an herbe that is called Nemaham, that is lyke to

Mynte

Mynte, and it hath a good sauoure, take foure poys of Cosmer, and seuē poys of Water, and sethe al together to the third part, & with suger drinke this fyue dayes fastyng in the mornyng, and he shalbe hole.

And if a man be sycke at the stomake or in the bely, or at the hart or head, or were bytten with any euil venemous beast, or poysoned. Ca. xxxii.

And a man were by the waye trauaylyng or in his house, and he had all these syckenesse and he had with him a Lectuary that is made of fiue thinges, he eate therof or drinke therof in water thre pois or. iiii. he shuld de hole, and he vse it fyftene dayes fastyng, & whan he goeth to bedde last he should be hole of all the sickenes in his body, and he drinke euery time two poys, & these thynges they bee. Scorlogio, Morre, Genciana grandorer, and zataont, as muche of one

as of

as of another, & stampe thē & straine them, and medle them with hony ꝑ hath ben wel boyled on the fyer and scummed faire and clene, for this is called the lectuary of lyfe.

¶ A good medecine for rising under the stomake. Capitulo. xxxiii.

Take peper, long peper, graynes saffron, gynger, annyes licoris, and suger, sethe all these in good ale tyl it be thycke, and geue it the sicke to drynke, and he shal be hole.

¶ Also a good plaister for rising vnder the stomake. Cap. xxxiiii.

Take yerowe, otherwyse called mylfoly, reed Fenell, reed myntes, borage, rue, fetherfoye, clote leues, perytory, & grymmoyne, of euerych a lyke much and the grece of a barow hogge for a man, and for a woman of a yelke hogge, that is of a lowe kynde, and sethe them altogether in good ale & make a playster therof & lay it

lay it to ỹ stomake as hote as it may be suffred. ii. or. iii. times, & he shal be hole. ¶ For to destroy ỹ heate in the stomake. Cap. xxxv.

Take fayre clere water & boyle it well and scume it & put therein sheuers of broune brede, and let them lye therein an houre til the water be almost colde, and then drynke therof. ii. or. iii. dayes by dyuers tymes, and he shall amende in shortetyme.

¶ For brēning in ỹ stomake. ca. xxxvi

Take and eate grene percely and galyngale without any other thing

¶ For to auoyde flume out of thy stomake and the head. Cap. xxxvii.

Take pouder of Pelatory of spaine and pouder of comin, pouder of long Peper, pouder of gynger, mustarde, vyneger, and medle thē together and chafe thē on the fier til they wax thicke, & thā as hote as ye may suffer put part therof in your mouth

galking

galkyng in your throte vp and down but let none enter to your stomake, & do this dyuers tymes, spyttyng out by the space of an houre and this is a gargarysme.

For al euils in ỹ stomake. ca. xxxviii.

Take asshe sede, lynne sede, & commin of euery a lyke muche and gyue it to the sycke body to drynke With hote worte, or els w faire hote water

For a dysease at ỹ hart. cap. xxxix.

Take Sentuary and sethe it in stale ale, and whan it is well sodon stampe it in a morter and sethe it agayne with the same licour and than clense it through a cloth, and proporcion the ioyce, put therto thre sponefull of clarified hony, and boyle it wel together agayne, and put it in a boxe and geue it to the patient euery daye a thre sponefull fastyng tyll he hole, & this shall do away the glut from his harte, and make him to talk to mete

For

For wekenes of the harte. Cap. xl.

Take rose water, and Perles, bete small to pouder, and medle it with suger, and drynke it two or thre daies.

¶ For faintnes of the hert. Cap. xli.

Take the fyling of golde, and the pouder of the bone of a hartes herte, medled with the ioyce of borage and suger made in syrope, for that is very good for a wounyng.

¶ For the breast that is incombred.

Capitulo. xlii.

Take ysope and sethe it to a potyll of wyne tyl ỹ it come to a quarte and let the sicke vse ther of first in the morning, and last at euen hoote, and at moroWe colde, tyll he be hole.

¶ For a man, woman or childe that is broken in the bely. Cap. xliii.

Take in May the tender croppes of herbe Osmonde, and drye them w the wynde and not in the sunne, and make pouder therof and farce it and

kepe it drye in a bladder & let the pacient drynke of ye pouder with whyte wyne euen and morowe, wynter and somer, saue in May. In May drinke of the tendryng of the sayde Osmōd For this drynke wyll make the broken bely grene, as it were newe broken, and the pacient muste be Well and easely trussed, that he or she may go with it all daye, and lye with it all nyght tyll he be hole, and that wyll be within fourtene dayes if he be wel ruled, for he muste lye vpryghte as muche as he may bothe daye and nyght & not strayne his bely, but as lytle as he can. And he muste kepe hym lax as longe as he is sycke, and lye in his bedde twoo houres in the mornyng after he hath dronke thys medecyne, and must eate no whyte meate tyll he be hole, nor walke but easely for straynyng.

The playster to knit him. cap. xliiii.

Take

Take Polypody that groweth on an oke, the rotes therof and pare the cleue and and the rotes of Glenacam pana, and pare them clene, and than bete them in a morter, as small as ꝑ canst, and temper it with oyle of bay and make it a playster thyck, and lay it on a thycke cloth a good quantyte, and lay it there the sycke is greued vnder the trusse, from the euen tyll the morow, & on the morow chaūge it agayne, this is for all the yere saue in Maye, than the leues be better.

¶ For the playster in may. cap. xlv.

Take Polipone leues and the leues of Glenacampana and day sy leues, and bete them smal, and temper them with oile of bay as thou semest best to make a playster, and laye it there the sore is, euen and morowe, & he shall by the grace of god be hole.

¶ For to breake wynde in the bely.

Capitulo. xlvi.

Take commin, fenel ſede & annis ſede beten to pouder then ſethe it in wyne and dryncke it firſt and laſte.

¶ For ſwolen Wombe. cap. xlvii.

Take the ioyce of Rewe, and let the patient dryncke it with wyne or ale and he ſhalbe hole on warrantyſe.

¶ For akyng of the wombe. ca. xlviii

Take tanſy rue, fother newode and eate them with ſalt, & he ſhalbe hole.

¶ Fo, the harte brenning. Cap. xlix.

Take the croppe of fenel and chew it in thy mouthe, and ſucke the ioyce therof, and ſpette out the other parte and he ſhall be hole.

¶ For ſore ſydes within for the Capitulo. l.

Take aly ſanders, perſly, louage, redde fenel, Smalage, burnet, & gromel, and ſethe them in whyte wyne, tyll halfe be conſumed, than ſtrayne it and let the ſycke dryncke it fyrſte & laſt, at euen hote, and morow colde.

Contra

Contra telam et masculam in oculo.

Capitulo. li.

Take Fenell, vnset goldes, Ver-uayne, and betaine, Jum, and stampe them and temper them with ale or whyte wyne, and strayne it, and then stampe nyne lowses, otherwyse cal-led Theflockes, and put them in the sayde lycoure, and geue it to the pa-cient to drinke nine daies folowing and he shalbe hole.

¶ For a womans pappe that is sore.

Capitulo lii.

Take the roote of briane, that is to saye, wylde Nappe, and make bare al the ouer parte of the said rote, that is to say, the toppe of the rote, & make an hole therein, and couer it with a tyle stone, and put it in the earth, and laye earth ppon it, and let it stande so foure or fyue dayes, than open it and take the ioyce that ye finde in the hole and kepe it in a glasse, and therwith

auoynt the brest and it shalbe hole.

¶ For the lyuer that is corrupt & wasted. Capit. liii.

Take a good quantitie of leuer worte, and bruse it a lytle, and then sethe it in good strong worte with a quantite of Rubarbe and vse this medecyne and thou shalt be hole.

¶ For hete in the lyuer. Cap. liiii

Take the ioyce of soure Apples & swete apples of eche a poūd or more as muche as you thynke best, and .ii. poūd of suger, & medle those thinges together, and let them boyle on a simple fyer, tyll it be thycke as syrope, & vse this a curte syther thereof euerye day fastyng with luke warme water

¶ For the heate in the lyuer of a man that his coloure is yelowe.

Capitulo. lv.

Take the Water of Sycore, and Water of Letues, and Water of the leues & small braunches of a Wylde

Morier

Wyter tree, or els take the herbes & stampe al these together, & as muche one as of another & take the ioyce of these thynges, & as muche as all this of suger, & boyle all together til it be as thicke as a syrope, and than put thereto a poyse & a halfe of Rubarbe and vse a quantite of this strope and cold Water euery day fasting and at nyght, and he shall be hole.

¶ For the brest that is encombred.

Capitulo. lvi.

Take and drynke. viii. dayes or. x. of the Fumer ỹ cometh of sylke wormes euery daye a poys in syrope of ysape, and if a mã may not haue this drynke take the pure harte Doulignam also in strope of Isope. x. dayes & he shall be hole.

¶ For a man that hath wormes in his bely, & his body be lene. cap. lvii.

Take the gall of a Kowe, and floure of luppus a curtesy, and medle

them togeather and make a plaister of Wole, and lay it on his bely where the greke is, and do this foure or fyue dayes, and he shalbe hole.

For the brest & the lunges. ca.lviii.

Take a quantitie of claryfied hony and boyle it, and whan it is boyled put therto halfe a pounde of pere wardyns mynset, and boyle thē well together, and thā put therto an ounce of pouder made of the rotes of Elena campana, and a ounce of pouder of lycores and let them boyle tyll it bee somwhat styffe, than take it from ȳ fyer, and whan it is nygh colde put therto an ounce of pouder of gynger and stire it wel together vse this first and last.

¶ For to auoyde and destroye flume.

Capitulo.lix.

Take persly rotes, fenell rotes peritory, and Isope, and sethe them in good ale with lycores, and a quan-

tyte

tyte of clarifyed hony, & vse to drinke it, and thou shalt be hole.

¶ For the stone. Cap. lx.

Take the rotes of Thornebacke and drye them fayre, and make pouder therof, and than take therof. ii. d. weyght and put therto two sponeful of water of Ramsyns, and drynke it euery day and euery nyght, and than thou shalt be hole. And if it be a gret stone, take a spone full of water or stone croppe two sponefull of watet of Ramsyns, and two peny weyght of the forsayde pouder medled together and vse this medecine. iii. times and thou shalt be holpen, be the stone neuer so great.

¶ Also for the stone. Cap. lxi.

Take the blode of a male Kyd, and drye it in an ouen and make pouder of it, thā take gromel sede groūd Jue beries, stanmarche, sede the rote or the sede of Saxfrage rotes of tur-

 mentyl,

Turmentyll, and of phylipendula by euen porcion, and bet it all to smale pouder, than take as muche of the pouder of kyddes bloude as of the sedes and rotes aboue sayde, & vse this pouder whan nede is in sauce or in potage a peny weyght at ones and no moze.

¶ For the colicke, strangury, and the stone. Cap. lxii.

Take Carcawaye, Fenell sede, spykenarde, annes, commin, Cynamum, and galingale, of euerichе half an ounce gromell sede, and lycozes, of euerychе of them an ounce sethe weyght of all them, and bete them al to pouder, and put halfe a spone full of the same pouder in ale luke warm and drynke it, and walke thereafter an houre or thou eate or drinke any maner of thyng.

¶ For a man that is lepper, and it take in his legges and go vpwarde.

Cap.

¶ Capitulo. lxiii.

For a man that is a lepper, and it take fyrste in his legges and go vpwarde into his body he may be sone hole, and if he wyll take Charobot, that is to saye, a Bettyll and brenne it to ashes, and bete it all to pouder smale, & thā take olde barowes grece and melte it well on the fyer, & temper it together and as muche as half that of Blanchet, and make an oyntmēt therof and vse it on the sore and vpon the oyntment, loke that ye put a plate of lede full of smale holes in many places, and chaunge it both in the mornyng and at nyght the oyntment, but not the lede, and he shall be sone hole of that syckenes.

¶ For a derte in a mans flesh.

Capitulo lxiiii.

Take a worme that is called Pieacher that is as great as a bene, and is clene bselwe or sendre, and it hath

many

many ſmale fete & white vnder the
bely. And whan a man toucheth it,
he wareth rounde as a button, take
the worme and rubbe it wel againſt
the dertre, that it be al broken, and do
this euery day thre or foure tymes &
at euery tyme rubbe thre or .iiii. wor-
mes and anone it ſhalbe hole.

¶ For ſauce flume byſage. Cap. lvb

Take Elena campana and ſethe
it in a pot with vyneger tyll it be ſo-
den in, than ſtampe it ſmale, and than
put therto quickeſyluer, and brym-
ſtone and gyltes grece, and braye it
together and make therof a playſter
and lay it to thy byſage all nyght, &
on the morowe waſhe it ofte.

¶ For hym that may not holde hys
Water. Cap. lvi.

Take gotes talowe and bren it,
and make therof pouder, & put it into
the pacientes potage, & let hym vſe this
& he ſhall pyſſe meſurably ynough.

Another

¶ Another for the same. Cap. lxviii.

Take Synthone and shepes talowe, and sethe them well together, and as hote as it may be suffered lay it to the member, and he shall make water anone.

¶ For to destroy flume. Cap. lxviii.

Take betayne and drie it, & make therof pouder, and kepe it tyll thou haue nede, and whan thou wylt occupy therof take a quantite of hony and of the pouder, and make therof two or thre pellettes, and swalowe them downe all hole last when thou goest to bedde, and that shall do the muche good.

For a wombe that is harde. cap. lxix.

Drinke the ioyce of wormwod with olde wyne and he shalbe hole.

Also another for the same, take Cinkefoyle, that is to say, fyue lened grasse, and stampe it and drynke it wt hote mylke and he shalbe eased.

For

¶ For the blody manyson. Cap. lxx.

Take mylfoyle, and Plantayne, of euerych a lyke much, stampe thē well together, and kepe it, and whan thou wylt take therof and temper it with wyne, and let the paciēt drinke it, and he shall be hole.

¶ For a mannes stones that be swolen. Capitulo. lxxi.

Take an herbe that is called Mareclee in Frenche, and frye it well in oyle olyfe, and laye it to the stones that is swolen, as hote as it may be suffred. viii. dayes or more & nede be, for this wyl heale the swellyng.

For to make one slender. Ca. lxxii

Take and sethe fenell in water & drynke the water laste at euen, and fyrst at morowe, and it shall swage hym or her shortely.

¶ For hym that lacketh wynde. Capitulo. lxxiii.

Take Malowes, Mercurye, and borage

Borage, and seche them together with a pece of porcke, and make ther of potage and eate it; and drynke the broth with whyte wyne, or w̄ whey that is made of mylke.

¶ For hym that is costife. Ca. lxxiiii.

Take the ioyce of walworte, and medle it with hony, & geue it the pacient to drynke.

¶ For a wicked blaste and wynde in the visage. Cap. lxxv.

Take a henne Egge, and roste it harde, than take the Whyte therof & an ounce of coperas, and bete it together smale in a brasen morter tyl it be lyke an oyntmēt, and therewith anoynte thy face that is blasted & whā it is hole, than anoynt it with Popu lion, & that Will souple the skynne, & make it hole.

¶ For the Shyngles. cap. lxxvi.

Take Doues donge and Barlye mele, and stampe them together, and

temper

temper them with ayell and laye it therto.

¶ For the kowghe. Cap. lxxvii.

Take Nettles, and gather them betwene saynt Mary dayes in harueſt, of them that beareth ſede, and dry them in the ſunne, and rubbe out the ſede and grynde it, and drynke it with all, and thou ſhalt be hole.

¶ For him that hath the perillous kowghe. Cap. lxxviii.

Take Sage, rewe, commin, and pouder of peper, and ſethe them in hony, and make therof a Lectuary and vſe therof a ſponeful at euen, and another in the morning.

¶ The coughe that is called the Chinke coughe. Cap. lxxix.

Take the rotes of Horſhele, and Camkyre as muche of one as of another and ſtampe them ſmall in a morter and ſethe them in kayre water, til the halfe be waſted, and thã take the

thyrde

thyrd part of hony boyled and scummed, and put them together, & make therof a lectuary, and do it in a box, & let the sycke vse therof. v. daies or. vi a good quantite at ones, kyst & laste and he shall be hole.

For the Iche. Cap. lxxx.

Take frankensence, and braye it small, and medle it with oyle of baye, and than anoint there as it icheth.

For to draw a byle from one place to another. Capitulo. lxxxi.

Take an herbe that is called Oculus Christi: and beruayne and make a plaister of it, and lay it from the byle ii. fyngers brode, & whan it hath lyen a good whyle remeue it and do so styl till it be there that thou would haue it, and there let it breke.

¶ For them that pysseth blode. Capitulo lxxxii.

Take percely, ambrose and bursa pastoris, of everyche a lyke muche &

stampe them, and temper them with a quarte of gotes mylke and strayne it, and let hym drynke it thre dayes at euen and at morowe, and this wyll staunche hym shortely.

¶ For a man that hath lost his mynde. Capitulo. lxxiii.

Take the ioyce of goldes of sauge and of wormwode, of eucryche of the a sponefull, & take as muche of white wyne, & put therto, & let hym drynke it at euen, and as muche at morowe colde, and serue him thus fyue dayes duryng, and he shalbe hole.

¶ Another for the same. Cap. lxxiiii

Take and shaue of the here of his molde of his head, than take Archaū-gel and stampe it, and bynde it to his head, where it is shauē, & let hym take a slepe therw & whan he waketh he shalbe right weke, & sober ynough. &c

¶ For him that hath the frenesye. Capitulo. lxxv.

Take

Take oyle of roses, oyle of vyo-
lettes & of euerychе of them. xx. poys
and as muche of water of Coeorde, &
put it in a new vessel of earth, & boy
le it tyll al the water be fayled, than
put out that & put in other in ẏ same
vessell asmuch of that water, & boyle
it thus. vii. tymes, & than put therto
half of the. iiii. part of the pois of cā-
fere & medle it Well together, & vse it
on his head whan it is newe shauen

¶ For a persone that vomyteth to
muche. Capitulo. lxxxvi.

Take Roses and boyle them well
in good strong vyneger, and make a
plaister therof and laye it to the per-
sones stomake.

¶ For a man that hath a disease in
his eares. Cap. lxxxvii.

Take fayre oyle olyfe and let it be
blowen out of a mans mouth that is
clene and fastyng into the eares of
the sycke man, and let this be done

iii. or. iiii. tymes, and let that syde of the head be turned downewarde that the ordure of the head may ronne out and vse this. viii. or. x. dayes, and he shall amende.

¶ For a man that his eares sownes within. Cap. lxxviii.

Take almondes, and the carnels of Peches, and let them be clene pyl/led in hote water, and make oyle of thē, and let that oyle be put in to the eares of the sycke body with tentes made of fyne lynnen clothe, and vse this. viii. or. x. dayes, & he shalbe hole.

¶ For synewes that shrynke after that they haue bene hurt and healed. Capitulo. lxxix.

Take ensence, calasome, mastike hantit, turpentine, galbenon, visque the mary of an asse, shepes suet, olde swynes grece, and butter and of eue/ryche of them halfe an ounce, than take an ounce and an halfe, of ware,

and an

and an ounce of oyle olyfe, & stampe them and boyle all these thynges together, and make it in maner of an oyntment harde to make playsters, & than make therof a plaister and laye it on the hurte senowes, and let this lye. xv. dayes or more, and they shall stretche out.

¶ For to straunche bloud. Cap. xc.

Take an herbe that is called, Lune mahaf and stampe it, & lay it on the Wounde, or take the grene leues therof, and lay on the woūde, and it shall staunche, and if a man may not haue this herbe, let him brenne the fethers of a cockes necke, and take the asshes of them and lay on the woounde, & the blode shall sone be staunched.

¶ Also to staunche bloud. cap. xci.

Take a pece of salt beke that is wel salted, or els a pece of salt beke that hangeth in the roke, & couer it in hote embres tyl it be through hote, & take

asmuche as wyll stope the hole, and bynde it fast to, as hote as the paciēt may suffer it, & it shal stauche anone but let ẏ befe be fat & leane together.

¶ For an empostume. Cap. xcii.

Take barly and drye benes, & lycores, & let boyle them with faire water altogether, of euerich a likemuch and drynke therof with suger euery day fastyng, & at nyght whan he goeth to bed, & vse this. vi. daies or more and he shall caste out that postume.

¶ For speting of bloud. Cap. xciii.

Take ache, myntes, rue, & betaine and sethe them well in good mylke geue it hym to drynke fyrste in the mornyng, and laste at nyght, and he shalbe hole.

¶ For wylde fyer that is called fyer of hell. Cap. xciiii.

Take read wormes of the earthe and the rote of valerian, and stāpe thē together and lay it therto, and take

valeryan

valeryan the roote and the leues and stampe it, & temper it with water & gene him to drinke & he shalbe hole.

¶ For bytyng of a madde dogge.

Capitulo.xcv.

Take the sede of bore and stampe it and temper it with holy Water, & geue it hym to drynke.&c.

¶ For to do away a wenne.cap.xcvi

Take and bynde fast the wenne, than take verdigrece, sulphur, sope, oyle of egges, alam and hony, and tẽper them together, and laye it therto and it shall do away the wenne and heale it without doubte.

¶ For to breake a felon in the nyght.

Capitulo.xcvii.

Take pouder made of Cantarydes, and temper it with shepes talow and make a playster therof and laye it therto and it shall breake.

¶ For the migrym. Cap.xcviii.

Take foure handfull of read rose

floures frefh in ſomer, and in wyn-
ter Welked and. iii. handfull of ca-
momyll and as muche of veruayne
and breke thē ſmal With thy handes
and boyle them in a potell of whyte
wyne of gaſcoyne if it maye be had,
or elſ in rochell Wyne tyll it come to
a quarte, and put thē in thre bagges
broched flate lyke a plaiſter and lay
there the ache is, as hote as the ſick
may ſuffer, and chaunge them hote
and hote duryng a daye and a night
and longer if nede be.

¶ For the morfewe. cap. xcix.

Take Water of elder and drynke
it thre ſponefull in the mornyng. ii.
or thre tymes, and Whan ye receiue
it walke after, and eatche a goodhete
And than take a pinte of Whyte vy-
neger and. ix. oke apels and cut thē
and lay them. iii. daies and. iii. nyght
tes in the ſame vineger, & after take
a fayre lynnen cloth & put the apples
in the

in the same cloth, and straine them, & with the lycour therof anoint thy body foure dayes, and it will do away the morfewe.

¶ For to stoppe the flyxe. Cap. C.

Take an onyon and roste it tyll it be tender than bruse it and lappe it in a lynnē cloth, and put it betwyxt the clyft of the buttockes euen ioynyng to the fundament, and set hym down theron, as hote as he may suffre a lōg tyme, and take another onyon and plucke out the core, and fyll the hole full of franckensence, and englysshe saffron, & take the couerynge of the onyon and couer the hole and put it in the embers, and let it boyle tyll it be somwhat tender, than put away the couerynge; and laye the onyon as hote as it maye be suffred vpon his nauyll hole, and bynde it faste that it fall nor away, and he shalbe hole.

¶ For the Canker, wylde fyer, and

ignis sancti Anthoni. Cap. C.i.

Take and roste Sorell in a wete lynnen clothe, the space of halfe an houre vnder the hote embers, & than stampe it with fyne clarified hony & lay that to the sore, & without dowt it wyll do awaye brennyng blackenes and stynke, and hele it perfitely.

¶ For to make heare to growe.

Capitulo. C.ii.

Take and sethe malowes, rootes and al, & washe the place there as the heere lacketh, and it shall growe. &c.

¶ For to do awaye heere Cap. C.iii.

Take horseleches & brenne them to pouder, and myngle it with eysell, and touche the place there the heere groweth, & it shal grow no more ther.

¶ For a scalde head. Cap c.iiii.

Take a penywoorth of lampe oyle and halfe a pynte of fayer water and boyle it well togetter, and whan it is colde put therto an half penyworth of quicke

of quicke syluer, and temper it well together, and anoynt the head.

¶ For the yelowe Jaundis. cap. c.v.

Take a quãtite of turmeryke and a smuche of puery beaten to pouder & a smuche of the inner barke of a berybery tree, and a quantite of Englisshe saffron in pouder, and medle them al together, and drynke it with thre or foure dayes fastynyng.

¶ For the blacke Jaundes. cap. c.vi.

Take genciana long peper, calamus, aromatycus, auencis, lycores Resyns of coraunce, whyte Sope of spayne, of euerych thre. i. and. ii. sponefull of mustarde, boyle all these in a quarte of wyne tyll the. iii. parte be wasted and let the pacient drinke it.

¶ For wormes a bete in the handes, Capitulo. c.vii.

Take Chyke wede and bruse it a lytell, & than sethe it in rounyng water tyl the water be wasted halfe away

way than take & walshe the sore hãdes therein, as hote as the pacient maye suffer it, & do thus thre or foure daies and he shalbe hole.

¶ For the gowte. Cap. c. viii.

Take read myntes and cressons and vnset lekes, and let these herbes sethe wel together and walshe there as the syckenes is euery day. ii. tymes a day and if he can not haue these herbes, let the sycke body be walshed with hote water, and anoynt hym before the fyer or in ꝑ sunne with this ointment and rubbe him well therewith.

Take Virgyne Wax, turpentyne, saffron, the yolke of an egge, oyle olyfe, oyle of almandes, maye butter, oyle of nuttes, oile dozet, the grece of a male hogge, oyle of camomyll, and shepe suet, with good clarified hony, and let al these be medled together, & boyled fayre and easely by the fyer.

For sore knes that doeth swell & ake

Cap:

Take rue, louage, and stampe the together, and put therto hony & make therof a plaister and lay it to the sore knees and that shall fetche away the swelling and the ache.

¶ For the falling euyll. Cap.c.lx.

Take the bloude of his lytel kynger that is sycke, and wryte these .iii. verses folowyng, and hange them about his necke.

Jasper fert Myrram, thus Melchior Balthazar aurum.

Hec quicunque secum portat, tria nomina regum.

Soluitur a morbo, domini pietate Caduco.

¶ For brenning and scalding. ca.c.lxi.

Take fresshe gese donge, and frye it with fresshe butter and shepes suet, and strayne it through a cloth & laye it on the sore, & it wil heale it anone.

¶ For brenning with fier. Cap.c.lxii.

Take

Take the rynde of an elyne tree, and sethe it halfe a daye in fayre water and let it kele, and gather of the thycke that thou fyndest vpō the water with a fether, & euery day anointe with the fether euen and morowe.

¶ For to heale hurtes and woundes

Capitulo. c.xiii.

Take malowes and sethe them well, and whan they be well soden, take and stampe them, and than take olde barowes grece, and clene barlye mele, and myngle the ioyce, the mele & the grece al together & make a salue therof, for it is a redy heler.

¶ Also to make a salue to drawe and to heale. Capitulo.c.xiii.

Take a quarteron of a pounde of bryngine wax, and.ii.ounces of shepe suet, and melte them together a lytel & than take thē from the fyer & put therto an oūce of frākensence & stere it well together and do it in a box, &

thys

this will both drawe and heale.

¶ For stynging of Eoders and snakes. Capit. c. xv.

Take dragons and drinke it, also stampe dragones, and laye it to the place there the stinging is and that shall sucke out the venim and ease the smarting.

¶ For hym that can not slepe. Capiculo. c. xvi.

Take pety morel and stampe it & wryng out the ioyce, than take. iiii. sponeful of the ioyce, & iiii. sponeful of womans milke, & a sponefull of vineger & hete it & therewith anoint his tempels & his forehead, & as it drieth anoynt it againe, & than wete a cloth therin, and laye it vpon his forehead and vse this often tymes and this shall make him slepe.

¶ For the palsey. Capit. c. xvii.

Take the galle of an ore, or of a bull of one colour, if it may be gotte

and

and.iii.oz. iiii. read onyons & rolle the
tyll they be tender, & than stampe the
wel in a boule dysshe, and mynge the
gal and the together, & looke there be
foure tymes asmuche of the gal as ỹ
onyons, and there with anoynte wel
the place ỹ is greued tyl it be dronke
in & than take a soft shete new wash
shen and warme it agayne the fyer,
and wrappe the sycke body therein,
and this must be vsed at nyght to bed
warde and within.ix. nyghtes it wil
amende and make the flesshe growe,
though it be much awaye, and if the
skynne be waxen thicke by vanysh=
shyng away of the flesshe: take read
netle croppes and rubbe wel the skin
and the oyntment wyl better drinke
in, and this oyntment is good for all
maner aches for euery body.

¶ A good drynke for ỹ pox. ca. c. xviii

Take salendine and englyshe saf=
fron, the weyght of an halfpeny. and
a fat

a farthing worth of graynes a quar
ter of longe pepper, a pany weyght
of mase and stale ale, stampe youre
herbe and pouder youre saffron and
medle them all togither and than
drynke it.

A salue for the pox Ca.C.xii.

Take whyte leade.i.quarter of
verdegrece, ii. d. ob. mastyke. i. d,
camfere, i.d. rasen. ii. ounces, seri-
ouse.i.d.mercurye .ob. turpentyne,
breake all these in a morter & medle
your turpentyne wyth oyle olyue,
and than myngle them all togethe
and make therof a salue. &c.

For the goute and swellynge of
toyntes & knobbes that commeth of
ache of the pox. Capitulo.C.xx.

Take may butter, a halfe a poũde
of comin and a quarter of a pounde
of blacke sope, and a hankull of tue,
and a lytell of shepe suet, and stãpe
all these in a morter, than take the

gall of an oxe, and a ſponefull of bay ſalte, and frye all theſe together in a fryeng pan till it be thycke, than lay it on a wollen cloth and lay it to the ache as hote as it may be ſuffred, duryng thre wekes, & euery weke a new plaiſter, and it ſhall take away the ache and the ſwelling Without doubt.

¶ For the Crampe. Cap. c. xxi.

Bero berto bertora, theſe muſt be ſayde thre tymes, whan the crampe come vpon a man or a woman.

¶ For the ſpottes of the morfewe. Capitulo. c. xxii.

Roſte foure egges harde, & put the broken all hote into a pynt pot with a pynt of vyneger and let it ſtande ſo thre dayes & thre nightes, wel ſtopped, and than clenſe it through a lynnen cloth, and waſhe the ſpottes ther with tyll they be awaye.

¶ To put awaye the rotte of the morfewe. Cap. c. xxiii.

Take

Take ſumytary eyght handfull borage, ſcabious, of eche foure hand full and braye thē together in a ſmal morter & put therto a pottel of clene whay than ſtrayne them together, & ſet it ouer an eaſy fyer tyll it haue a hart of ſcumme, than ſet it downe & ſtrayne it clene, and ſet it ouer the fier agayne & put therto clarified hony, & boyle them together clene, that is to ſay boyle them eaſely as long as any ſcumme wyl aryſe, or els ye may claryfye it with egges, who ſo clarifieth whay, and take thereof eyght ſpones full or a good draught or two as ye thynke beſt, or a goo quantite, for it ſhall do much good.

¶ For a chylde that is towe fall or molde fall, or roke fal. Cap. c. xxiiii

Take a handfull of chycke Wede, and lap in a read cole leke, or elles in a lynen cloth, and roſte it in hote embers in the fyer, and it wyl be a grene

ſalue

salue and thā laye the sayde salue to the bone in the necke, as hote as it may be suffred. Also take soure leue of whyte bread & crom it on ỹ molde of the chyldes haede as a playster, & it shall rayse vp the bone or mold by the grace of god within.ix.houres.

For the moder. Capi.Cxxv.

Take moder Worte, called themo-ther of all herbes, that is to say shor tely mug worte, herbe simonde saue ry and red mynte, and drynke this ioyce with reed wyne.

For all feure agues, and for yong childzen sucking ỹ brest. Ca.C.xxvi.

Take pouder of Chrystall and laye it to soke in wyne, and gyue it to drincke to the norse of the chylde and the suckyng chylde shalbe hole. Also take ỹ rote of mursus diaboli Wyth the herbe, and hange it about the necke of the chylde

For to destroy poyson. Ca.cxxvii.

Take

Take a quantitie of dragons, and and a quantitie of betayne, & a quantyte of plantayne and make therof wortes, and vse them. iii. dayes and this shal destroy poyson and venim but the most parte must be dragons

For the ague. Capi. Cxxviii.

Take endyue, sowthystel, daundelyon, Letuse, sorell, of eucryche a lyke muche, and styll these all together and the water wyl be passynge good for the ague.

For the hote ague infected with pestylence take betymes. ca. C. xxix

Take the toyce of fingrene, and the whyte of foure egges, and fayer flower of whete, and medle it well together, and make therof a fayer playster, & laye it to the pacyentes sydes, & than take the water of betayne, & the water of pempernell, and the water of scabious and the water of turmentyll & water of radeis

of euerych a like much medled toge-
ther, and geue the pacient to drynke.
¶ For the goute. Cap. c. xxx.

Take tansey and wormwode of
eche a like much, temperatly ynough
of shepes suet according to your her-
bes and frye thē in a panne ouer the
fyer tyll it be greene, but beware it be
not brente, and whan ye wyl occupy
it caste a sponefull of lynesede therin
and if it be the colde goute lay it to
hote, and if it be the hote goute lay it
to colde wynter and somer.
¶ To drawe out ache. Cap. c. xxxi.

Take Lantarydes, and take of
their heades and stampe thē. iiii. or. v
houres in good vineger, and than lay
them vpon a playster of Dyaculum
and aboue vpon them a fyne lynnen
clothe or elles fyue double of lawne
nert the skynne, and sow in your cā-
tarydes in maner of a quylte, and lay
it to the ache, and it wyll make it to
blyster

blyster, than pryke it out with a net tel, and than take this medecine folowyng, and it wyl dryye it.

¶ To dryye the same. Cap. c. xxxiii

Take grounde pupe a quantite and stampe it in a morter, than take shepes suet, and put them both in a panne & fry thē wel together til it be grene, & than ye shall straine it, and make of it a cake, & whan it is colde make therof a plaister broder than your cantarydes was, within .iiii. dayes after all shalbe paste and dry.

For the swellyng in a mannes kne or legge that aketh. cap. c. xxxiiii.

Take a blewe or a blanket Wollen clothe as muche as will lappe about the kne or leg & than take the whyte of two or thre hennes egges, and bete thē wel in a dysshe & spredde it vpon the clothe so done, thā take polkes and bete them in a dysshe and put therto blacke sope as muche or

more, and bete them well together, & whan they be well beten together make thereof a fayre salue & spreade it thicke vpon the cloth on the whyte of the egges metely thycke and lap it about the sore kne or legge and rolle it and let it lye thre dayes and it wyll fetche awaye the swel-ling and the ache.

FINIS.

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